

Club Rules and Regulations



2024

Liverpool City Archers Inc.

Home Grounds Helles Park, Helles Ave, Moorebank

Management Committee

President	Peter Velloff
Vice President	Rachel Green
Secretary	Daniel Lousada
Treasurer	Cindy Lousada
Club Recorder	Matthew Green
Committee Members	Ken Payne Terry Hellyer

Liverpool City Archers Incorporated (referred to as Liverpool City Archers) is affiliated with Archery Society of NSW (referred to as Archery NSW), the recognised governing body (RGB) for Archery in NSW, and Archery Australia, the national governing body for the sport in Australia.

Membership to Liverpool City Archers Inc includes fee components that automatically register you with both Archery NSW and Archery Australia.

Archery Australia is affiliated with World Archery, the world governing body and is recognised by the Commonwealth Government through the Australian Sports Commission, all State Governments, the Australian Olympics Committee, and the Australian Commonwealth Games Association.

These Club Rules must always be adhered to as a member of Liverpool City Archers.



Life Members

- John Ross
- David Cole
- Ken Payne
- Kevin Hulbert
- Norm Lumby
- Terry Hellyer



www.facebook.com/liverpoolcityarchers

OR JOIN OUR MEMBERS ONLY PAGE ON FACEBOOK.



<http://www.abbeyarchery.com.au/>
<https://www.bensonarchery.com.au/>

General Information and Overview of Rules

Introduction

Liverpool City Archers was formed in 1976 as Moorebank Sports Club – Archery. In 1978 its name was changed to Liverpool City Archers and the club moved to its current location. We cater for Target Archery, Field Archery, Clout Archery, and Indoor Archery.

The club invites memberships from a large range of ages and abilities with members ages ranging from eight years to eighty plus. Archery is a sport that most people can participate in, including many with disabilities. You don't have to have any physical attribute to become good at the sport so come along and have a go...it's great fun and the members are friendly and supportive!

Archery can be enjoyed at many levels as a casual social activity or for the competitively minded at club, state, national and international level.

Safety is our absolute priority at the club and all safety rules and policies MUST be followed.

The members & the club are not responsible for users error.

The only people permitted to shoot at the club's facilities are current financial members, approved visiting archers or supervised temporary members undertaking an archery introduction course, such as come and try.

Proof of membership will be required. Non club members who are affiliated with ANSW or Archery Australia may shoot as an approved visitor.

Crossbows may be used at the club's facilities, but such participants must hold a current NSW Prohibited Weapons permit, and their equipment must comply with Archery Australia and WCSA crossbow rules.

When you join Liverpool City Archers you automatically become a member of Archery Australia (AA) and Archery NSW (ANSW).

This club follows the rules (including shooting rules), codes, policies, and relevant procedures of World Archery, Archery Australia and ANSW and you are bound by these rules etc.

Key Archery Australia rules such as - Code of Behavior – Parents and Visitors, Code of Behavior – Participants, Code of Ethics – Officials, Code of Ethics – Coaches can be found on the Archery Australia website www.archery.org.au

In addition, the club has its own rules, codes, policies, and procedures which you must follow.

Non-compliance with the rules, codes, policies, and procedures may lead to disciplinary action which can include formal warning, special restrictions, withdrawal of privileges and awards, exclusion, fines, suspension and termination of membership or other disciplinary action as considered appropriate. Non-compliance may also create an unsafe situation.

Please note the club is monitored by security cameras on the premises.

Communications

The club sends out regular emails to members, make sure you have provided your email to the club when you join.

Secretary: secretary@liverpoolcityarchers.org.au

Membership: membership@liverpoolcityarchers.org.au

Come and try: comeandtry@liverpoolcityarchers.org.au

Recorder: recorder@liverpoolcityarchers.org.au

All damage to club property and club incidents must be reported to the committee via info@liverpoolcityarchers.org.au as soon as possible.

Fees

Annual fees include a club fee and registration fees for Archery Australia and ArcheryNSW.

You are not permitted to shoot at the club if you have not paid your annual fees. You will not be covered by insurance.

Membership cards are issued by Archery Australia, and these must be in full view whilst shooting, either in your possession or hung off your quiver while on the range. The Archery Australia membership card identifies your club membership number and expiry date.

Random checks are done to check membership expiry dates.

Memberships that have lapsed will incur the time lost when renewing.

The registration fee also covers you for insurance, supports the coaching qualification program and enables you to participate in club, interclub, state, and national events.

<https://archery.org.au/insurance/>

Instruction and Coaching

The club has Archery Australia qualified instructors and Coaches to help you.

An archer requiring help should seek the assistance of an **Archery Australia Accredited Coach**; they are there to help you, though they will not interfere with your shooting style unless you ask for help.

Coaches participate in shooting and club activities as well, so they will make a specific time with you to help.

Coaches are also available to assist you to set up your equipment and may request reimbursements for their time whilst coaching.

Sign in/out and Shooting Arrangements

Before you participate in any club activity you MUST sign in using the attendance book.

Signing the Attendance Book is a Liverpool Council requirement as well as an Archery Australia requirement to ensure compliance with the insurance policy.

We ask all visitors to sign in. In the case of a minor, we ask the parents or guardian to sign in as this is part of Child Protection Procedures.

The venue is a large area, including a field course, if there is an emergency and a need to evacuate, the sign in and sign out will be used to check who is on the venue at any given time. The Evacuation and assembly point is located near the entry gate.

You must not shoot unless you have either temporary or full current membership that includes affiliation with Archery NSW and Archery Australia. If you shoot and you are not a current financial member you do so without the clubs' permission and will not be covered for public liability insurance, this is a serious breach of club policies and will result in penalties.

The use of the Target range and Field course will only be permitted from sunrise to sunset, and the indoor range can be used after sunset, but you must leave the grounds **by 9:00pm**.

Shooting Calendar

The club publishes an annual calendar which lists National, State and Club activities. Members are encouraged to participate in club rounds, as this will enable you to establish and maintain your Archery Classification Rating and Handicap, which allows you to map your progress as well as the option to claim performance and achievement medals.

The club calendar is provided and is available on the notice board and the club website www.liverpoolcityarchers.org.au. Information can also be found on the Club Facebook page.

Each weekend there is a club shoot in Archers Diary for members which is usually a 90-arrow round.

Distances shot will depend upon each archer's ability and experience.

Adjustments and updates are made to the calendar throughout the year so check the Club website regularly.

Remember the more practice you get and the more Club Rounds you shoot, the better you will become. Ideally make a habit of planning regular attendance at the club and participate in club activities.

The Club Calendar lists a variety of monthly shoots. These are aimed at providing members the opportunity to regularly shoot and work toward developing their skills and knowledge, and further obtaining a classification rating and handicap. These indicate a person's level of improvement and current shooting status.

Club shoots are generally social events; if you wish to participate you should arrive by 8.30am and sign in and assist in setting up for the round. Most club shoots are scheduled to go for 2 hours to 3 hours.

The Club does not formally conduct Club Shoots during the week, but two or more people may shoot a club shoot during the week. Club shoots on weekdays are self-managed. You must have two people to score. You must use paper and digital scoring at the same time for your score to count. Make sure all scoresheets are filled in correctly and are completed and placed in the slot under the sign in book.

Registered club events will be posted on the club notice board. These events will take precedence on the club grounds (target range and field course). If members are socially shooting, they will be either asked to move to another area of the club or recommence shooting at the completion of the event.

Your Responsibility as a Member of the Club

Take reasonable care for your own health & safety, as well as that of other people that may be affected by your actions whilst on club grounds.

You must follow all rules, codes, procedures, and directions of club officials; these are in place for your benefit, the good running of the club, and the safety of fellow archers and the public.

You must comply with all Archery Australia Rules and Policies; some of these are detailed in this booklet but all policies can be found on the Archery Australia website www.archery.org.au .

If you shoot at the club, you are expected to assist in Working Bees and Club maintenance activities up to your level of ability.

Liverpool City Archers accept no liability for any damage or loss to your equipment, you are responsible for your own equipment.

If unsure, please leave your valuables locked in your car.

Archers are required to maintain their own equipment in a safe working order for the safety of yourself and fellow archers. You are required to inspect your equipment before use.

If you are unsure, please seek advice from a Coach, Club Official, or senior member.

The members & the club are not responsible for user error.

If you are feeling any discomfort whilst shooting cease shooting immediately. If in doubt do not continue the archery activity and seek medical advice from a professional if needed. If a member has ceased shooting due to an injury and needs medical assistance LCA reserves the right to request a medical clearance certificate to resume shooting on the grounds of the club.

Incident Reports

All injuries and incidents are to be recorded within a reasonable timeframe by means of an incident report register. This can be done in person to a club official, or by emailing info@liverpoolcityarchers.org.au and detailing the issue to be reported with as much detail as possible (including photos). The management committee will then assess the incident and act where appropriate.

FOR ALL EMERGENCIES DIAL “000”

Club Grounds

The club is in a natural environment, encompassing the Georges River and natural bushland. We have a wide variety of wildlife that uses this land including birds, snakes, and rabbits. Please respect the natural landscape and animals we share this land with.

On occasions, areas of the club will be closed for maintenance. Please be aware and respectful of volunteer's conducting these tasks.

Club Facilities

In the Office there is a fridge from where cold drinks may be purchased, this is totally based on an honor system. Please place monies owed in the cup located in the fridge door.

Kitchen

A microwave, jug and fridge are available to use at the facility. Tea and Coffee are free.
Keep the kitchen clean and ensure you clean up after yourself.

Toilet

Members with keys will be provided a code that opens the Male and Female Toilets, please keep them clean and report any issues immediately.

Toilets are not serviced, so if you make a mess clean it up.

Indoor Range

The indoor range container is available to use anytime. Lights are located on the inside of container on the right-hand side. If you open the indoor container to shoot you are responsible for closing it, do not leave it open unless someone else is shooting there. Please make sure the area is kept tidy and ensure lights are turned off before closing doors.

Field Course.

Please follow the field course in numerical order, **NEVER** walk backwards through the course.

The Field course is not a practice range, all archers must move through the course, not practice at one target.

Clout

If you would like to shoot clout, there are clout signs located in the kitchen which **MUST BE DISPLAYED**. Targets 12,13,14,15 are to be turned so that no other archer can use them for safety reasons. Ideally the clout practice should happen in the early morning or late afternoon when the club is not busy. You must speak to a committee member to guide you through the safety rules before attempting to shoot clout.

Come and Try Range

This area of the club is designated to come and try archery participants under instruction by accredited club coaches. No members are allowed to practice or tune their bow on this range. If this area is being utilised, please use caution when walking within the proximity of a closed session under instruction. Do not approach a club coach whilst a session is being conducted, unless to advise of a safety concern.

Keys

After a 3-month probationary period and active attendance, a shooting member can apply for a club key. Applicant must complete paperwork and have it witnessed by a committee

member, there is a \$50.00 refundable deposit required for the key. Please note that you will have 14 days to claim your refund once your membership has expired.

Duties of being the last person to leave the club.

Make sure toilets doors are locked.

Make sure the kitchen door is closed.

Make sure all lighting has been turned off.

Make sure the indoor area has been closed and lights are off.

Make sure the front gate has been locked.

First aid and Fire

A first aid kit and a snake bite kit are in the men's toilets.

Fire extinguishers are in the office facility, the mower container and the men's toilet.

There is an AED (Defibrillator) located in the men's toilets.

If there is an emergency, please call 000.

Alcohol and Drugs

Liverpool City Archers is a Good Sports accredited club, and as such, Alcohol and illicit drugs are prohibited. They must not be brought onto the grounds or consumed at any time. Any breaches of this policy will be dealt with by a zero-tolerance approach, including the local authorities and council being advised. Archery Australia rules also prohibit the consumption of alcohol and drugs on an archery shooting venue or while shooting.

Under no circumstances are you to be under the influence of alcohol, performance enhancing drugs or illegal drugs while participating in archery activities. Archery rules stipulate a blood alcohol limit of **zero**.



No Smoking

Smoking/Vaping is only permitted in the designated smoking area. Refer to signage.

Smoking is not permitted in the Target area, under the club shelter or around the Field course.

Driveway Speed and Parking

We ask that people be aware of movements around the club car park. We impose a speed limit of **10km/h**. We ask that you be aware of this rule and consider the safety and well-being of all members and visitors.

There are designated disabled parking spaces, so please ensure that they are kept clear for vehicles with a valid permit. **Obey all other parking and No parking signs.**

Club Uniform

The club colours are Blue and Papaya

Liverpool City Archers has a club shirt that can be purchased by any member. Members competing in competitions or club activities are encouraged to wear the Club Shirt.

Club shirts can be ordered from a member of the Committee.



Member Protection

The club is committed to providing an environment free of discrimination, harassment, abuse, and other forms of inappropriate behavior.

Liverpool City Archers is Governed by Archery Australia rules and policies.

Archery Australia Policies and Procedures <https://archery.org.au/governance/>

SAFETY RULES

**NO EAR BUDS OR HEADPHONES ARE TO BE WORN DURING SHOOTING.
THERE IS NO SHOOTING FROM UNDER THE AWING AREA ON THE TARGET RANGE.
ALL SHOOTING IS TO BE DONE ON THE DESIGNATED SHOOTING LINE.**

Introduction

Safety is our absolute priority, and you are responsible for your safety and the safety of others.

Archery is a safe sport, however there are potential dangers. All club rules and safe shooting regulations must be always followed.

By becoming a member of the club, you recognise that there are inherent dangers in the sport, and you agree to abide by the rules that keep you and everyone else safe.

If you have any medical, physical, or intellectual condition or injury that may be aggravated by the sport, or that may impair your ability to participate you must seek your own medical advice and tell an Instructor/Coach or member of the Management Committee.

Always follow the directions of the club officials.

Animals

Companion animals are permitted at the club. Members may bring pets to the club, but the animal must be managed, kept on a leash and under the control by the owner. Animals are not to be taken onto the Target Range or Field Course. If there is an incident with an animal the owner will be asked to remove the animal from the venue, and they are not permitted to return with the animal.

Shooting Distances

To reduce wear and damage to target butts the following minimum distances will apply to all practice shooting.

Recurve 20m.

Compound 30m.

If you are tuning (setting up) your bow, it is permitted to shoot at shorter distances, but do not spend considerable amounts of time at the same distance. You may be asked to move along.

Shorter distances may also be shot when shooting in Club Rounds or Tournaments.

Targets must be pegged down when set at shooting distances.

Maximum Bow Weight

It is a rule of the sport that the **maximum bow weight** (drawing or peak weight) that can be used is **60lb**.

The club reserves the right to check the weight of any bow. If the weight exceeds 60lb, you will be asked to reduce your bow weight before being permitted to shoot.

Broad Heads

Broad head arrows are strictly forbidden, if found shooting broad heads your membership will be terminated.

Clothing

It is a long-standing safety rule of the sport that Camouflage clothing of any type cannot be worn on either the Target Range or Field Course. Camouflage equipment is permitted. Please wear appropriate and sensible clothing.

Footwear

You must wear enclosed toe footwear on the Target Range, Field Course, Indoor Range, and Clout Range. Thongs, sandals etc. are not permitted.

Shooting Practice

Archers shall shoot together and shall retrieve their arrows together. Unless there are 3 clear targets between archers, for example: target 1 is in use, then target 5 is the closest space archers can shoot and retrieve out of sequence. No shooting is allowed while archers or anyone else is at or behind the target area or forward of the shooting line. When archers are shooting together 6 arrows only are to be shot at a time.

An archer may only draw a bow, with or without an arrow, when standing on the shooting line or at the nominated field peg or practice line or if under the direction of a coach.

No ear buds or headphones are to be worn whilst shooting.
There is no shooting from under the awing on target range.

High Draw

Archers must not, under any circumstances use a “High draw” technique to draw their bow, consult one of the coaches for advice.



A test was carried out by World Archery to demonstrate the risks of high draws.

The bow was drawn back to almost peak weight and released at various angles to demonstrate how far an arrow will travel. The test showed if accidentally released at high draw heights, the arrow would fly beyond the safety zone or safety arrangements (overshot area, net, wall etc)

If you have a high draw technique you will be asked to modify your technique. If you fail to do so you will be asked to stop shooting and leave the venue.

NEVER, shoot an arrow straight up into the air, it can travel for hundreds of meters, and you will have no idea where it will land. If you do shoot an arrow into the air, you will be personally responsible for any damage or injury that happens from your action.

Dry Fire

Never “dry” fire a bow. This means shooting the bow without an arrow. This can cause damage to the bow.

A dry fire can occur when:

- An arrow is not loaded into the bow,
- The nock on the arrow is damaged or loose. The arrow can fall off the string at full draw, so always check for damaged arrows and nocks.

Only ever aim towards the target, never point the bow at a person even if you don't plan to shoot or have an arrow on the bow. You should only ever draw your bow once positioned at the designated shooting position and before shooting always check that the area is clear both in front and behind the targets, never shoot if there is someone on the shooting area. If there is the slightest chance that an arrow may hit anyone either directly or from a ricochet shooting must not proceed.

Archers shall shoot only at the designated targets. If in any doubt don't shoot.

Archers shall not disturb or approach other archers during shooting except in an emergency.

No person shall approach or go forward of the shooting line or peg while anyone is still shooting.

If an arrow falls to the ground in front of you or you misfire, never step over the line or past the peg to retrieve your arrow until all shooting has ceased.

Running on the field is not permitted, with or without arrows in your hand.

Archers must not pull an arrow from the target with someone standing behind the arrow. A maximum of two archers should draw arrows from a target and they must stand in a position each side of the target. When approaching a target, approach from the side i.e., the space between the targets, never walk straight up to the arrows.

It is the responsibility of the archer to wear appropriate protection equipment such as arm guards, finger tabs and chest protectors, and to use sun protection such as hats and sunscreen. Archers should also avoid baggy shirts and baggy sleeves or chest pockets with buttons and remove pens, pencils, sunglasses etc from shirt pockets, avoid necklaces, dangling earrings, nose rings, face pins and tie long hair back.

While tap water is provided at the club house, it is the responsibility of the archer to supply water to prevent dehydration. Archers should seek out shade in hot weather at every opportunity and should stop shooting if the temperature becomes excessive and retire to the shade.

Shooting should be halted on the approach of, or during thunderstorms and you must leave the field for cover when lightning is about. In strong wind archers should not stand under trees.

Archers must step back from the shooting line when they have finished shooting their arrows to allow a clear view of the shooting line.

Arrow Damage or Breakage

Checking Carbon Arrows

Archers must not attempt to shoot broken or damaged arrows, particularly “Carbon Arrows”, these should be disposed of only in the appropriate manner.

Any arrow can become damaged. A damaged arrow could break upon release and injure you or a bystander. Damage to an arrow shaft, or any of its components, may occur from improper transport, handling, use, or impacts with hard objects or other arrows.

No list can cover all possible conditions and situations that may cause damage. Use good judgment and common sense, as well as follow the warnings and instructions below, to determine if your arrow has been damaged in any way.

WARNING! NEVER SHOOT A DAMAGED ARROW.

Disposal Process

Please place any damaged arrows into the arrow damage tube located above the target face storage area.

This process ensures the safety of everyone who may come into contact with your discarded damaged or broken carbon arrow.

SAFETY IS YOUR RESPONSIBILITY

Removing Arrows

Introduction

Removing arrows from a target is a normal course of shooting but unfortunately is where most personal injuries can occur. Most injuries are stick injuries where the archer is injured by the rear (nock) end of the arrow. Some injuries can be quite severe with the worst being eye injuries.

RGBs, Clubs and anyone hosting clubs should ensure competitors follow safe practices when approaching targets and removing arrows.

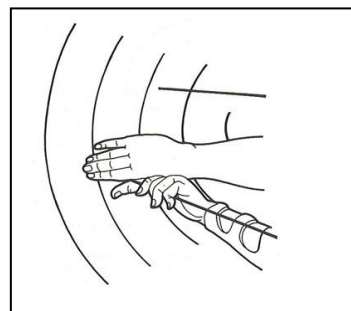
Approaching Targets

When approaching targets to score and remove arrows always walk to the side of the target to avoid any arrows in the ground or protruding from the target. Never run towards or around the targets.

Removing Arrows from the Target Butt

Always use the correct technique in removing arrows from the target butt; this is very important as it will prevent damage to arrows such as bending and damage to the target face. It is important that only the person or persons removing arrows should be near the target.

The important point is to remember to support the target butt to ensure it does not pull forward when withdrawing arrows. Never hold the arrow along the shaft or at the end of the arrow; this may cause the arrow to bend. Also remember to use a lubricant on the arrows to allow easy removal from targets.



CODES OF CONDUCT

Liverpool City Archers promotes the following behavioral guidelines through its Code of Conduct to all people involved in any way with the sport of Archery, all codes of conduct can be found below.

<https://archery.org.au/governance/>

All members of the Liverpool City Archers, and all visitors (including parents and guardians) and guests are required to follow the Code of Conduct.

All new, transferring, and returning members are subject to an automatic 6-month probationary period.

The Committee of Management reserves the right to review any membership at any stage where members are found not abiding by club rules and regulations, this also includes any form of harassment, bullying, abuse, discrimination, sexual misconduct, victimisation, and vilification as per the National Integrity framework of any Archery Australia policies.

Sanctions may be applied where members do not follow the code and these sanctions may include exclusion or withdrawal of membership.

All of Archery Australia's policies and procedures can be found below.

<https://archery.org.au/governance/>

ARCHERY ETIQUETTE

Archers should have respect for other archers who are shooting. Everyone is trying to shoot the best they can and deserve the opportunity to execute their shots without undue noise or distractions, either from archers or spectators behind the line or from other archers on the line.

- Ear buds and headphones are not permitted to be worn whilst shooting.
- Shooting from under awning on target range is not permitted.
- Do not disturb other archers during shooting unless a safety issue.
- Do not smoke on the Target Range.
- Do not drink or be under the influence of alcohol prior to or while shooting.
- Do not take or be under the influence of drugs prior to or while shooting.
- Always wear appropriate footwear when shooting.
- When finished shooting, wait until the person next to you has finished shooting or quietly step back from the Shooting Line to the Waiting Line to give other archers a chance to finish without interruption.
- Never remark on another archer's shooting unless there is a safety issue.

- Always pass encouraging remarks and never be disparaging.
- Always comply with the commands and signals of the Director of Shooting (DOS).
- Never touch or remove other archer's arrows in the target unless asked to remove them.
- Never touch, move, or alter equipment belonging to someone else without their prior consent.
- If asked for advice, never presume the duties of an Instructor, Coach, Judge or Official.
- Always pay attention to and co-operate with officials.
- Always exercise the greatest care when approaching the target and scoring.
- Never join the shooting line once an end has commenced, always wait for the next end.
- Never delay shooting by unduly spending time looking for lost arrows.
- Never run, particularly when carrying arrows on the Target or Field Range.
- Do not use a "High Draw", you may be asked to leave the premises.
- Spectators and non-shooting archers must be at least 5m behind the Shooting Line when shooting is in progress.
- All minors under the age 16 **MUST** always be accompanied by an adult/guardian. They must not be left unsupervised at any time.